

> Deep Cleaning Guide

Getting You Back to Work, Safely

Preparation

It is important that all **training** on safe use of chemicals and cleaning equipment is up to date and relevant. It is imperative that all cleaning staff are aware of appropriate cleaning and disinfecting **procedures**. All cleaning operatives must be provided with appropriate Personal Protective Equipment (**PPE**) for the task including gloves as a minimum.

Phs Direct recommends the use of the following products:

Hand Soaps



Essential for maintaining good hand hygiene

Hand Sanitiser



Perfect for use if soap and water is not available

Cleaning Detergent



Ideal as a solution with warm water for giving areas an initial clean

Virucidal Cleaner



Essential for killing viruses after cleaning surfaces

Please note:

WATER SYSTEMS: Assess your water systems if the premises have not been in operation for a considerable amount of time – see advice from Public Health regarding concerns over dormant water resulting in bacteria growth, especially in warmer weather conditions. The water source will require to be flushed thoroughly and deep cleaned before use.

CONTAMINATED ITEMS: When an area has not been in use for an extended period of time, remove porous objects (such as toilet tissue, paper hand towels and facial tissues) and replace with fresh rolls or packs, to reduce risk of contamination.

Recommended Cleaning Procedure

- Wash hands thoroughly with soap and water (minimum of 20 seconds – as per Government guidelines). If soap and water are not available, use an appropriate hand sanitiser product.
- Wear appropriate Personal Protective Equipment and place appropriate safety signage in area.
- Clean hard surfaces with a cloth and a detergent and warm water solution. Rinse bucket with fresh water after use. Spray the sink and bucket with a virucidal cleaner to ensure both are suitably disinfected for next use.
- Wash hands after completing the area, following the recommended hand washing procedure.

Recommended Disinfecting Procedure

- Once you have cleaned the area with the detergent solution, disinfect with a virucidal/bactericidal product. After leaving for a contact time of 5 minutes, wipe all surfaces with a fresh cloth. **Concentrate on: touch points, toilet flushes, taps, door handles/push plates, light switches, bannisters**
- All waste such as used cloths and wipes should be disposed of appropriately to avoid contaminating other areas. Place any used items in a refuse sack and tie to seal the contents inside. For further protection the waste should be placed in a secondary sack.
- Wash hands after completing this task, following the recommended hand washing procedure.



For further information or to place an order please contact us on:

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Chemicals



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Wipes



PPE



Equipment